



# OCTOBER 2012

## GALLATIN GATEWAY SCHOOL LUNCH MENU

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Popcorn Shrimp, Brown Rice, Black Bean Salad, Carrot Sticks, Oranges, & Milk	Hot Dog, Mixed Green Salad, Strawberries, & Milk	Hot Ham & Cheese on a bun, Broccoli Salad, Watermelon, & Milk	Baked Potato Bar w/Diced Ham, Breadsticks, Caesar Salad, Grapes, & Milk	Cheese Pizza, Green Beans, Pineapple, & Milk
8	9	10	11	12
Chicken Quesadilla, Broccoli, Strawberries, & Milk	Broccoli/Cheese Soup, Roll, Raspberry Caesar Salad, Apple, & Milk	Meatloaf, Cornbread, Baked Sweet Potato, Applesauce, & Milk	Tator Tot Casserole, Breadsticks, Cauliflower, Honeydew, & Milk	Minestrone Soup, Roll, Carrot Sticks, Pears, & Milk
15	16	17	18	19
Beef Stroganoff, Breadsticks, Corn, Grapes, & Milk	Nachos with Beef, Red Beans and Rice, Carrot Sticks, Peaches, & Milk	Chicken Salad Wrap, Broccoli, Watermelon, & Milk	NO SCHOOL- PIR Day	NO SCHOOL- PIR Day
20	21	22	23	24
Sesame Beef, Brown Rice, Snap Peas, Pineapple, & Milk	Brats, Baked Beans, Rainbow Fruit Salad, & Milk	Baked Zita, Roll, Broccoli, Kiwi, & Milk	Bean Soup, Breadsticks, Mixed Green Salad, Banana, & Milk	Hawaiian Chicken, Cornbread, Cubed Sweet Potatoes, Watermelon, & Milk
29	30	31	1	2
Cheese Burger, Sunchips, Spinach Salad, Peaches, & Milk	Turkey Noodle Stew, Cornbread, Mixed Green Salad, Oranges, & Milk	Grilled Cheese Sandwich w/ Tomato Soup, Popcorn, Apples, & Milk		

*Each day 1% and Skim milk are offered. Daily fruit offerings may vary based on availability. Each day entree sandwich substitution: 2 slices whole wheat bread, 3 ounces meat, and ½ ounce cheese.*