



# NOVEMBER 2011

## GALLATIN GATEWAY SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
31 Ham & Bean Soup, Roll, Spinach Salad, Honey Dew, & Milk	1 Turkey Noodle Stew, Peas & Carrots, Pears, & Milk	2 Bag-O-Taco, Brown Rice, Green Salad, Watermelon, & Milk <i>Early Release Day</i>	3 Spaghetti, Broccoli, Apple, & Milk <i>Early Release Day</i>	4 No School <i>Parent/ Teacher Conferences</i>
7 Tomato Soup, Grilled Cheese Sandwich, Honey Dew, & Milk	8 Turkey & Gravy, Bread Stick, Sweet Potatoes, Applesauce, & Milk	9 Baked Potato Bar, Roll, Broccoli, Oranges, & Milk	10 Chicken Taco Pie, Refried Beans, Tex-Mex Corn, Watermelon, & Milk	11 Beefy Italian Dunkers, Ceasar Salad, Grapes, & Milk
14 Chicken Stir Fry, Brown Rice, Broccoli, Oranges, & Milk	15 Baked Ziti, Mixed Vegetables, Apple, & Milk	16 Sausage & Cheese Pizza, Raspberry Ceasar Salad, Pear, & Milk	17 Beef Stoganoff, Peas & Carrots, Banana, & Milk	18 Cheese Burgers, Sun Chips, Baked Beans, Spinach Salad, Yogurt w/ Berries, & Milk
21 Red Beans & Rice, Roll, Carrot Sticks, Apple, & Milk	22 Chicken Strips, Roll, Green Peas, Honey Dew, & Milk	23 Ham Steak, Roll, Green Bean Casserole, Pineapple, & Milk	24 No School Happy Thanksgiving!	25 No School Happy Thanksgiving!
28 Sweet & Sour Pork, Brown Rice, Corn, Peaches, & Milk	29 Mac & Cheese, Roll, Ceasar Salad, Oranges, & Milk	30 Beef Burrito, Green Salad, Watermelon, & Milk		

*Each day 1% and Skim milk are offered. Daily fruit offerings may vary based on availability. Each day entree sandwich substitution: 2 slices whole wheat bread, 3 ounces meat, and ½ ounce cheese.*





# NOVEMBER 2011

## GALLATIN GATEWAY SCHOOL BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
31 Bagel w/cream cheese, Applesauce, & Milk	1 Cheese Stick, Cinnamon Roll, Oranges, & Milk	2 Bean & Cheese Melt, Honey Dew, & Milk <i>Early Release Day</i>	3 Cottage Cheese, Cheerios/Shredded Frosted Mini Wheats, Pear, & Milk <i>Early Release Day</i>	4 No School <i>Parent/ Teacher Conferences</i>
7 Breakfast Burrito, Oranges, & Milk	8 Yogurt, Apple Spice Muffins, Honey Dew, & Milk	9 Bagel w/cream cheese, Applesauce, & Milk	10 Cheese Stick, Cereal Bar, Grapes, & Milk	11 Sausage Links, Breakfast Potatoes, Pears, & Milk
14 Egg & Ham Wrap, Pears, & Milk	15 Cottage Cheese, Banana Cherry Bread, Grapes, & Milk	16 Pancakes, Oranges, & Milk	17 Fruit & Cheese Kabobs, Toast, & Milk	18 Bean & Cheese Melt, Honey Dew, & Milk
21 Ham, French Toast, Oranges, & Milk	22 Cottage Cheese, Cheerios/Shredded Frosted Mini Wheats, Pineapple, & Milk	23 Breakfast Burrito, Grapes, & Milk	24 No School Happy Thanksgiving!	25 No School Happy Thanksgiving!
28 Bagel w/cream cheese, Applesauce, & Milk	29 String Cheese, Zucchini Bread, Grapes, & Milk	30 Meat & Cheese Kabob, Toast, Pineapple, & Milk		

*Each day 1% and Skim milk are offered. Daily fruit offerings may vary based on availability.*

*Each day entrée whole grain substitution: Cheerios or Mixed Granola and toast.*